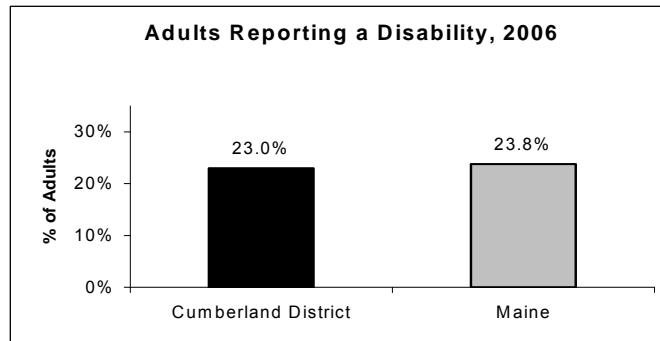


Disability

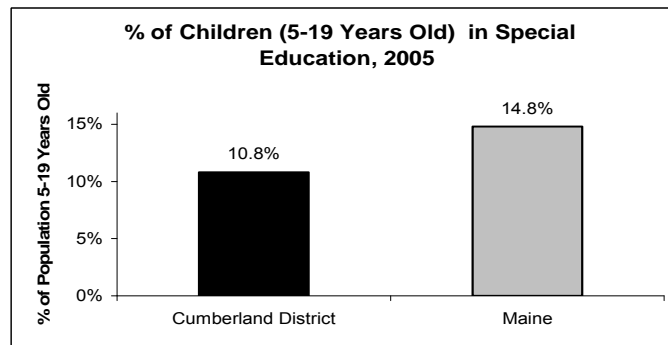
Having a disability is associated with higher rates of poverty, unemployment, physical inactivity, obesity, pain, sleeplessness, depression and anxiety. Many people with disabilities have inadequate medical access and care, and experience social isolation.

Defining disability is difficult. In this document, we have defined an adult with disabilities as someone who has an activity limitation or a health problem requiring special equipment. For children, we present information on children in special education as a proxy for disability status.

For more information about adults with disability in Maine, contact the Office of Adults with Cognitive and Physical Disability Services www.maine.gov/dhhs/OACPDS/DS/. For information about children, please contact the Children with Special Health Needs program at the Maine Center for Disease Control and Prevention: www.maine.gov/dhhs/boh/cshn/.



Source: 2006 BRFSS; Reported either having a health problem requiring special equipment or having activity limitation due to a physical, mental, or emotional health problem.



Source: 2005 Maine Department of Education, 2005 Census: % of 5-19 year olds who are in special education

	Cumberland District Percent (± Margin of Error)	Maine State Percent (± Margin of Error)
Percent of Adults Who Report Having a Disability ¹	23.0 (± 3.9)	23.8 (±1.6)
Children (5-19 Years Old) Who Are in Special Education ²	10.8 (±0.3)	14.8 (±0.2)

1. Source: 2006 BRFSS; Reported either having a health problem requiring special equipment or having activity limitation due to a physical, mental, or emotional health problem.
2. Source: 2005 Maine Department of Education, 2005 Census: % of 5-19 year olds who are in special education; Based on county of residence of child